



Vermont State Parks



2021 VENTURE VERMONT OUTDOOR CHALLENGE

Join the Challenge

Check the box next to an activity you have completed. Write answers in blanks as requested.

Make sure you (or someone else) take a photo of you completing each task.

When you reach **250 points**, you win a VIP medal that gives you free day entry into Vermont State Parks for the rest of the 2021 season and the entire 2022 season!

All activities and photos must be taken between April 15, 2021 & October 15, 2021

Three Main Rules

1. *One submission per person.* This means a completed scorecard and photos of the person completing all tasks.
2. *No double dipping.* Each activity requires a unique photo.
3. **HAVE A BLAST!**

Entries must be received by October 15, 2021

HOW TO SUBMIT YOUR ENTRIES

1. Upload your scorecard & clearly named photos to an online album (our preference is Google Drive) and send us the link via email at

parks@vermont.gov

**For more details head to the 'How To Submit Your Entries' page after the last page of the scorecard!*

-OR-

2. Mail your completed scorecard and labelled photos (high resolution, digital on USB drive preferred - CD/DVDs not accepted), and other supporting materials to:

**Venture Vermont Outdoor Challenge
Vermont State Parks
1 National Life Drive, Davis 2
Montpelier, VT 05620-3801**

Get Moving



Please complete at least three of these tasks

- ___ 1. Climb a tree or boulder (5 pts)
- ___ 2. Learn two new swimming strokes (10 pts)
Which ones?
A _____
B _____
- ___ 3. Swim or wade in a lake or stream (5 pts)
- ___ 4. Jump off a dock into a lake (5 pts)
- ___ 5. Go river tubing (10 pts)
- ___ 6. Play disc golf (5pts)

Tip: Burton Island, Knight Point, Stillwater, and Little River State Parks all have courses!

- ___ 7. Ride your bike or go for a run on a rail trail (10pts)
Which one? _____
- ___ 8. Hike a trail you've never done before (10pts)
Trail: _____
___ BONUS: Is it in a state park? (5 pts)
Which one? _____
- ___ 9. Hike to a summit of a hill or mountain (5pts)
Which one? _____
- ___ 10. Hike to a waterfall (5 pts)
Which one? _____
- ___ 11. Jump rope (5pts)
- ___ 12. Play a game outside (5 pts)
Game: _____

Total Points: _____

Investigate



Please complete at least two of these tasks

- ___ 13. Sit in a quiet area and observe nature. Write down or draw a picture of what you see (10 pts)
- ___ 14. Write Haiku or other nature poetry based on things you observe in nature around you (5 pts)
- ___ 15. Section off a square foot of forest with string. How many plant & animal species do you find? (10 pts)
- ___ 16. Sign up for iNaturalist and use it to find or ID a species new to you (5 pts)
- ___ 17. Find and photograph these 3 leaf types (10 pts): Toothed, lobed and compound
- ___ 18. Identify 3 native Vermont wildflowers (10 pts) Which ones?
A _____
B _____
C _____
- ___ 19. Find frogs' eggs or tadpoles (10 pts)
- ___ 20. Photograph & identify 3 different types of dragonflies (10 pts)
A _____
B _____
C _____
- ___ 21. Skip stones and watch the ripples (5 pts)
- ___ 22. Find out when the International Space Station will be overhead and watch it (10 pts)

Total Points: _____



Make a Difference



Please complete at least two of these tasks

- ___ 23. Pick up litter by the road or in your town (10 pts)
- ___ 24. Plant a native tree or plant (5 pts)
- ___ 25. Help a neighbor or senior with gardening, yard work or other some other chore (10 pts)
- ___ 26. Write a thank you note to someone in your community (10pts)
- ___ 27. Do at least 2 hours of volunteering (10 pts)
Where? _____
- ___ 28. Grow some vegetables in your garden and donate some to your local food shelf. (15 pts)
- ___ 29. Donate to your local food bank (10 pts)
- ___ 30. Attend and support a local event (10pts)
- ___ 31. Call or write a friend/family member to tell share your favorite outdoor memory with them (5pts)
- ___ 32. Go to your local farmers market and treat yourself to a fresh and delicious snack (5pts)

Total Points: _____



Outdoor Skills



Please complete at least three of these tasks

- ___ 33. Learn to change a bike tire (5 pts)
- ___ 34. Learn to tie 3 new knots such as bowline, fisherman's knot, etc. (5 pts)
- ___ 35. Learn how to set up a tent or teach someone who does not know how (10pts)
- ___ 36. Build a tripod for your camp lantern using sticks and rope (10 pts)
- ___ 37. Build a campfire (10 pts)
 - A ___ BONUS: With one match (5pts)
 - B ___ BONUS: With no matches (5pts)
- ___ 38. Find the cardinal directions (north, south, east, west) without a compass (5 pts)
- ___ 39. Create an emergency first aid kit for hiking or camping. Send us your list of first aid and emergency items (10 pts)
- ___ 40. Practice making a splint in case of a broken bone or injury (5 pts)
- ___ 41. Learn to ID at least 2 noxious plants (5 pts)
 - A _____
 - B _____

Total Points: _____

Create



Please complete at least two of these tasks

- ___ 42. Make your own wrapping paper using stencils of items you find outside (10 pts)
- ___ 43. Make a pressed-leaf mobile or bookmark (10 pts)
- ___ 44. Make a nature journal for recording your nature observations (10 pts)
- ___ 45. Make your own binoculars (10pts)
- ___ 46. Make your own fishing pole out of materials you find outside (10 pts)
 - A ___ BONUS: Catch a fish with your creation (10 pts)
- ___ 47. Make a camp lantern out of a clear water jug and a headlamp. Use it to light your way! (5 pts)
- ___ 48. Make a utensil or accessory for your next camping trip out of recycled materials (5 pts)
- ___ 49. Make your own musical instrument from natural materials and play it (10 pts)
- ___ 50. Build your own kite and fly it (10 pts)
- ___ 51. Put together a picnic lunch using local ingredients. Sit outside and enjoy! (10 points)

Total Points: _____



Just for Fun



Please complete at least three of these tasks

- ___ 52. Unplug for a day & make it 'screen-free.' Draw a picture of what you did or write a journal about your day. Attach to your scorecard. (10 pts)
- ___ 53. Read a book outside (5 pts)
 - ___ BONUS: Read a library book (5 pts)
- ___ 54. Tell your best campfire story! (10 pts) Send them to us either written or a recorded performance.
- ___ 55. Juggle 3 pinecones at once (10 pts)
- ___ 56. Watch the sunrise or sunset from the summit of a hill or mountain (10 pts)
- ___ 57. Find out when a meteor shower is taking place and find a dark place to watch it (10 pts)
- ___ 58. Cook on a campfire (5pts)
- ___ 59. Go on a rainy-day hike (10 pts)
- ___ 60. Make your own slip & slide (5 pts)
- ___ 61. Make a scrapbook of your Venture Vermont accomplishments (10 pts)

Total Points: _____

Explore Our Parks



Please complete at least three of these activities.

***True adventurers complete these activities during different Vermont State Park visits.**

- ___ 62. Film a short video tour of a VT state park (10 pts)
Park _____
- ___ 63. Visit a 'new to you' VT state park (10 pts)
Park _____
- ___ 64. Bring a friend who has never visited a VT state park before (10 pts)
Park _____
- ___ 65. Have a picnic in a VT state park (10 pts)
Park _____
- ___ 66. Play a fun outdoor game at a VT state park (10pts)
Park _____
- ___ 67. Camp in a tent or lean-to at a VT State Park (10 pts)
Park _____
- ___ 68. Attend a 'Fish with a Warden' Session (10 pts)
Park _____
- ___ 69. Attend a state park interpretive program (10 pts)
- ___ 70. Become a Junior Ranger (5 pts)

Total Points: _____

Bonus Activities



Visit the Vermont State Parks Facebook page for special weekly bonus activities.

| Bonus Activity | # of Points |
|----------------|-------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

- ___ Submit your labelled, high-resolution photos (at least 3000 X 2400-pixel count) via digital an online album or folder (15 pts)
- ___ Upload and tag yourself in a photo on the Vermont State Parks' Facebook page (10 pts)

Where should we send your prize?

Name: _____

Mailing address: _____

Email address: _____

Phone number: _____

Send your completed scorecard, photos, and other supporting documents to:

**Venture Vermont Outdoor Challenge
Vermont State Parks
1 National Life Drive, Davis 2
Montpelier, VT 05620-3801**

Or upload your pictures to an online album & email us the link: **parks@vermont.gov**

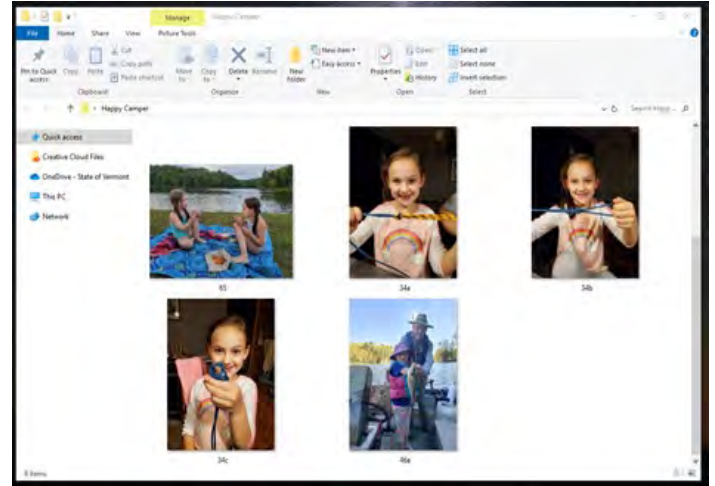
For Venture Vermont updates, visit: www.vtstateparks.com

HOW TO SUBMIT YOUR ENTRIES

Entries must be received by
October 15, 2021

Complete the scorecard in one of two ways:

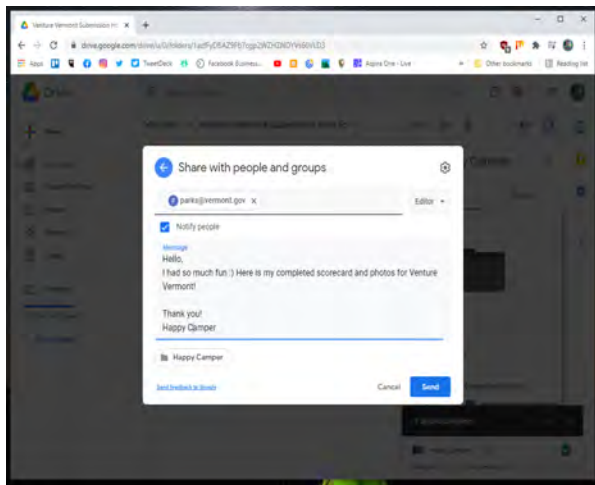
- **Digitally** filling out the scorecard. When you enter information, make sure to “Save” or “Print” with ‘Adobe PDF’ as the printer otherwise we will receive a blank version of the scorecard, OR
- **Manually** filling out a printed copy then send it to us with materials electronically or via mail.



In this example, the participant's name is 'Happy Camper'. The photo of 'Have a picnic in a VT state park' was renamed '65'. The photos of 'Learn to tie 3 new knots' were renamed '34a', '34b', and '34c'.

Upload images to a folder with the participant's name.

'Rename' files with the number of the activity shown.



Once you have earned at least 250 points, double check there is an image submitted for each activity featuring the person on the scorecard. If we can't see the participant doing the challenge, no points are earned! If the activity calls for a list or drawing, attach that in place of a photo.

Upload the Folder to your online file storage platform (Google Drive or Dropbox preferred).

Share a link to parks@vermont.gov and make sure permissions allow us to view and download your folder.

OR Mail your completed scorecard and labelled photos (high resolution, digital on USB drive preferred – CD/DVDs not accepted), and other supporting materials to:

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Vermont State Parks
1 National Life Drive, Davis 2
Montpelier, VT 05620-3801

You're all done! Once we confirm your submission has reached the 250-point minimum, we will mail your Venture Vermont VIP Coin.



Vermont State Parks

2021 VENTURE VERMONT OUTDOOR CHALLENGE



Can we use your photos?

Thanks for participating in Venture Vermont! We would like to share your experience to inspire others. Please fill out this release form and return with your score card. If you do not wish to share your photos with others you do not have to complete the form.

- (a) To use, re-use, publish and re-publish the same in whole or part, individually or in conjunction with other photographs, artwork, and poetry, or any medium and for any purpose whatsoever, including (but not by way of limitation) illustration, promotion, and advertising and trade, and
- (b) To use my name in conjunction therewith if the State of Vermont so chooses.

I hereby release and discharge the State of Vermont from any and all claims and demands arising out of or in connection with the use of the photographs, artwork, poetry and any other submission, including any and all claims for libel.

I am over the age of eighteen. I have read the foregoing and fully understand the contents thereof. (If you are under 18, see below for signature of parent or guardian).

Dated: _____ Signature: _____

Name: _____

Address: _____

Witness Name: _____ Witness Signature: _____

If under 18 years of age, please have parents read and sign below.

I am the parent or guardian of the minor named above and have the legal authority to execute the above release. I approve the terms of this release.

Dated: _____ Signature: _____

Name: _____

Address: _____

Witness Name: _____ Witness Signature: _____