

Vermont State Parks 2016 Venture Vermont Outdoor Challenge



This is your Venture Vermont score sheet!
Keep track of the activities that you complete
by checking the box next to the activity.

Make sure you take a photo (or have someone else
take a photo) of you completing each task. When
you reach 250 points, you win free day entry into
all Vermont State Parks for the rest of this year
and all of next year!

*All activities and photos must be taken between
April 1, 2016 & October 15, 2016*

Three Main Rules:

1. Take photos of all activities
2. One score sheet per person
3. HAVE A BLAST!

Entries must be received by October 15, 2016

Mail your completed scorecard, your photographs
(high resolution, digital preferred on CD or DVD),
any video clips, any written material (poems,
stories, etc.), and your signed model release form
(the last page of this scorecard) to:

Venture Vermont Outdoor Challenge
Vermont State Parks
1 National Life Drive, Davis 2
Montpelier, VT 05620-3801

OR

Upload your photos to a Google Plus album and
share it with us: <http://bit.ly/1fXDSk1>

Get Moving



Please complete at least three of these activities.

___ Make a bike obstacle course and ride it (10 pts)

Ride your bike on a rail trail (10 pts)

Which one? _____

Go trail running (10 pts)

Which trail? _____

Go for a hike (10 pts)

a. It's a trail that's new to you (5 pts)

Which trail: _____

b. Hike to a summit (5 pts)

Location: _____

c. Hike to a waterfall (5 pts)

Location: _____

Swim or wade in a lake or stream (5 pts)

Climb a tree or boulder (5 pts)

Jump off a dock into a lake (5 pts)

Play disc golf at a disc golf course (10 pts)

Location: _____

Learn two new canoe paddle strokes.

Some examples: *forward stroke, backstroke,*
pushaway, forward sweep, J-stroke (10 pts)

Stroke 1: _____

Stroke 2: _____

Go stand-up paddleboarding (5 pts)

Go river tubing (10 pts)

Learn two new swimming strokes (10 pts)

Stroke 1: _____

Stroke 2: _____

Total Points: _____

Observe



Please complete at least two of these tasks

Find a salamander in the woods (10 pts)

Species: _____

Take a close look at a firewood pile and identify at least one species of wood in the pile (10 pts)

Species: _____

Take a photo with a log truck. Find out where it is from and where it's going (10 pts)

Where? _____

Identify 3 native Vermont wildflowers (10 pts)

Species: _____

Species: _____

Species: _____

Learn the calls of three Vermont birds (10 pts)

Species: _____

Species: _____

Species: _____

Identify the full common species name of at least 5 trees around your home (for example: Weeping Birch Tree). Make a journal that includes pressed leaf examples and details about the trees (15 pts)

Bonus: Send us the journal (10 pts)

Get up at dawn and go on a bird walk. Attach a list of the birds you saw and heard (15 pts)

Total Points: _____

Investigate



Please complete at least three of these tasks

Photograph and identify each of these three types of rocks: igneous, sedimentary, and metamorphic (10 pts)

Find out when the International Space Station will be overhead and watch it (10 pts)

Compost all of your food scraps for one week (15 pts)

Find frogs eggs or tadpoles in a pond (10 pts)

Section off a square foot of forest, with string. How many plant & animal species do you find? (10 pts)

Hang a white sheet in your backyard and shine a light on it at night. How many moths land on it? (10 pts)

Make a temporary pool using rocks in a stream or brook. Take it down when you're done (10 pts)

Catch and identify two different types of fish (10 pts)

Bonus: Practice catch-and-release fishing (5 pts)

Find a stone wall in the woods and create a story about how it got there. Send us the story (10 pts)

Make a fact sheet about your favorite Vermont animal. Include an illustration (10 pts)

Find and photograph 3 wild animal homes (10 pts)

Juggle 3 pinecones at once (10 pts)

Find and photograph these 3 leaf types (10 pts):
Toothed, lobed and compound

Total Points: _____



Reveal



Please complete at least three of these tasks

Use a map and compass or GPS to place yourself on a topographic map (10 pts)

Location: _____

Coordinates: _____

Create an emergency first aid kit for hiking or camping. Send us your list of first aid and emergency items (10 pts)

Find and photograph a wild animal path in the woods (10 pts)

Draw a map of your favorite natural area (10 pts)

Bonus: Draw a map of your favorite hiking trail and send it to us (10 pts)

____ Sleep under the stars without a tent (10 pts)

Try Geocaching (15 pts)

Learn more here: <http://bit.ly/1UxiCG7>

Location:

Take a photo of the same natural area, from the same spot, in each of these months: April, May, June, July & August (15 pts)

Sit outside for thirty minutes and write down every sound you hear (10 pts)

**Attach the list to your scorecard.*

Read a book outside (5 pts)

Bonus: Read a library book (5 pts)

Total Points: _____



Camp Craft



Please complete at least three of these tasks

Build a fire only using one match (10 pts)

Create a natural shelter (10 pts)

Cook food over a campfire (5 pts)

What did you make? _____

Make a camp cooking utensil using found natural items. (5 pts) **What did you make?** _____

Prepare a detailed camp menu for your camping (10 pts) *Write your camp menu on a separate piece of paper and attach to score sheet*

Make natural tea using pine needles, spruce needles, or birch tree twig tips (5 pts)

Learn how to set up a tent (10 pts)

Make and use a camp lantern made out of a clear water jug and a headlamp (5 pts)

Learn how to set up a tarp (10 pts)

Find and whittle your own marshmallow roasting stick (5 pts)

Make your own homemade fire starters (10 pts)

Boil water using hot stones from the fire (10 pts)

Find 3 creative ways to use duct tape at your campsite (10 pts)

1. _____
2. _____
3. _____

Total Points: _____



Build It



Please complete at least two of these tasks

Build a boat out of materials you find outside.
See if it floats (10 pts)

Build your own musical instrument and play it
outside (10 pts)

Make your own fishing pole out of materials you
find outside (10 pts)

Bonus: Catch a fish with your creation
(10 pts)

Learn to tie three new knots (10 pts)

Make a rope out of natural plant fiber (10 pts)

Make your own slip and slide (10 pts)

Make your own croquet course and use items
around the house for mallets and balls (10 pts)

Make your own wrapping paper using
stencils of items you find outside (10 pts)

Total Points: _____

Know Your Parks



Please complete at least three of these activities.
**True adventurers complete each of these activities
during a different park visit*

Camp in a tent at a Vermont State Park (10 pts)

Park: _____

Camp in a lean-to at a Vermont State Park (10 pts)

Park: _____

Have a picnic breakfast in a Vermont State Park (10 pts)

Park: _____

Build a sand sculpture at a state park beach (5 pts)

Park: _____

Visit a state park playground (5 pts)

Park: _____

Go fishing in a Vermont State Park (10 pts)

Park: _____

Bonus: Check out a Reel Fun Fishing Kit

Become a Junior Ranger (10 pts)

Park: _____

Write a thank you note to a park ranger (10 pts)

Park: _____

Total Points: _____

Bonus Activities



Visit the Vermont State Parks Facebook page for
special weekly bonus activities.

Bonus Activity **# of Points**

Submit your high resolution (300 x 300)
photos on CD or DVD (15 pts)

Download the Vermont State Parks iPhone or
Android app and use it to find a park to visit
(10 pts)

Which park did you visit? _____

Upload and tag yourself in a photo on the
Vermont State Parks Facebook page (10 pts)

Where should we send your prize?

Name: _____

Mailing address: _____

Email address: _____

Phone number: _____

Send your completed scorecard, photos, and other
supporting documents to:

Venture Vermont Outdoor Challenge

Vermont State Parks

1 National Life Drive, Davis 2

Montpelier, VT 05620-3801

OR

Upload an album to Google Plus and share it with us.
For Venture Vermont updates, visit: www.vtstateparks.com





Can we use your photos?

Thanks for participating in Venture Vermont! We would like to share your experience to inspire others. Please fill out this release form and return with your score card. If you do not wish to share your photos with others you do not have to complete the form.

- (a) To use, re-use, publish and re-publish the same in whole or part, individually or in conjunction with other photographs, artwork, and poetry, or any medium and for any purpose whatsoever, including (but not by way of limitation) illustration, promotion, and advertising and trade, and
- (b) To use my name in conjunction therewith if the State of Vermont so chooses.

I hereby release and discharge the State of Vermont from any and all claims and demands arising out of or in connection with the use of the photographs, artwork, poetry and any other submission, including any and all claims for libel.

I am over the age of twenty-one. I have read the foregoing and fully understand the contents thereof. (If you are under 21, see below for signature of parent or guardian).

Dated: _____ Signature: _____

Name: _____

Address: _____

Witness Name: _____ Witness Signature: _____

If under 21 years of age, please have parents read and sign below.

I am the parent or guardian of the minor named above and have the legal authority to execute the above release. I approve the terms of this release.

Dated: _____ Signature: _____

Name: _____

Address: _____

Witness Name: _____ Witness Signature: _____