Lake St. Catherine State Park

Lake St. Catherine State Park has long been a destination for visitors seeking an area to relax, refresh and recreate. The 117-acre park has been in operation since it opened as a picnic and swimming area in 1953 on the shore of picturesque Lake St. Catherine.

The park offers an array of recreation opportunities for campers and day-use visitors alike. These include a 61-site campground, a nature center, two sandy beaches, a large grassy field including a children’s playground and a snack-bar concession with rentals of rowboats, canoes, kayaks and pedal boats. A boat launch is available for those seeking a day of fishing or water skiing on the lake.

Lake St. Catherine provides excellent fishing opportunities for anglers of all skill levels. Panfish, largemouth and smallmouth bass, rainbow and brown trout, yellow perch and northern pike can all be found in the lake’s cool waters. Lucky visitors may catch a glimpse of a white-tailed deer or even an occasional moose. Regularly-scheduled interpretive programs are held at the nature center.

Other recreational opportunities include a short multi-use hiking/mountain biking trail through the hills on the park’s northern boundary and includes a breathtaking view of Birdseye Mountain. The park also boasts a full, 18-hole disc golf course.

Prior to state ownership, the area comprising Lake St. Catherine State Park consisted of a summer camp for boys and farmland. Remnants of these past activities can still be found within the park.

Lake St. Catherine State Park Amenities

- Interpretive programs & nature center
- Hiking and multi-use trails
- Boating
- Swimming
- Fishing
- Picnicking
- Boat rentals
- 18-hole disc golf course
- Firewood for sale

Recreating and sightseeing in the area

- Hiking, swimming, fishing and boating at Bomoseen State Park
- Mountain biking - Slate Valley Trails
- Hubbardton Battlefield State Historic Site, Hubbardton
- Shopping and museums in Manchester
- Delaware & Hudson Rail Trail

For more information, contact:

Lake St. Catherine State Park
3034 VT Route 30 South
Poultney, VT 05764
(802) 287-9158 (operating season)
OR
VT State Parks Reservation Center
(888) 409-7579 Mon-Fri 9am-4pm
www vtstateparks.com

To request this publication in Braille or alternate visual format, please contact parks@vermont.gov
VT TDD Relay Dial 7-1-1
Printed on recycled paper
03/2021