Boulder Beach State Park

This state park gets its name for the many large rocks left by glaciers on the sandy beach of Lake Groton and throughout Groton State Forest. The park is located on the eastern shore of 423-acre Lake Groton.

Native Americans historically traveled through the area now known as Groton to hunt, fish and gather wild crops. As early as 1704, French settlers were using routes through Groton to reach Canada and Massachusetts. Colonists settled this area of Vermont earlier than other parts of the State due to the network of waterways which provided relatively easy access.

The rocky, tree covered hillsides were originally made up of white pine, spruce, hemlock, beech, maple and birch and were logged in the 19th century by local farmers for lumber, fuel and potash. The logging industry was operated on a large scale for more than 100 years while the Montpelier and Wells River Railroad operated in the area.

Today, logging is still a vital industry; Groton State Forest is managed for multiple uses--- including timber harvesting, wildlife habitat, and recreation. Groton State Forest, with over 26,000 acres, is the one of the largest contiguous tracts of public lands managed by the Department of Forests, Parks and Recreation.

Boulder Beach State Park Amenities
- Many picnic sites with tables and grills
- Sandy swimming beach
- Picnic shelter for group events
- Food concession
- Boat rentals
- Car top boat launch
- Restrooms and changing rooms

Recreating and Sightseeing in the Area

Groton State Forest
- Groton State Forest Nature Center
- Kettle & Osmore Ponds – remote camping, quiet water boating, hiking
- New Discovery State Park – horse camping, trails
- Seyon Lodge State Park - fly fishing, meeting facility, dining, lodging
- Cross Vermont Trail – walking, bicycling, winter use
- Peacham Bog - trail and nature study
- Miles of foot trails and multi-use trails

Barre
- Granite Quarries & Museums
- VT Historical Society Library

Montpelier
- Vermont State House
- VT Historical Society Museum

St. Johnsbury
- Maple Grove Museum
- Fairbanks Museum & Planetarium
- St. Johnsbury Athenaeum & Art Gallery

For More Information:

Boulder Beach State Park
2278 Boulder Beach Road
Groton, VT 05046
(802) 584-3823 (Operating Season)
Any time of year:
VT State Parks Reservation Center
(888) 409-7579 M-F 9 AM-4 PM
www vtstateparks com