



REEL FUN!

Fishing in Vermont State Parks

Fishing in Vermont State Parks Reel Fun for All Ages and Anglers!

Vermont has some of the highest-quality and most-diverse freshwater fishing opportunities in New England with great fishing to offer at most Vermont State Parks.

Forty-six of Vermont's state parks have fishing opportunities directly on site or within a short walk. And, the remaining six parks have fishing opportunities within a 5-mile drive.

We hope you will consider taking advantage of the phenomenal fishing that Vermont State Parks have to offer.

New to fishing? No fishing gear? No worries – we've got you covered!

Several Vermont State Parks offer "Let's Go Fishing" clinics where trained instructors teach and encourage beginners how to fish. The instructors teach fishing skills, how to use different types of tackle, the importance of good aquatic habitat, fishing ethics and fishing regulations.

Some Vermont State Parks are also participating in the "Reel Fun" initiative, a cooperative effort between Vermont Fish & Wildlife and Vermont State Parks to provide loaner fishing equipment—including rods, reels, line and tackle as well as guides to the local fishing—to help provide park visitors instant access to the sport of fishing.

Additionally, Vermont State Parks offer a range of rental boats for anglers to use including rowboats, canoes, kayaks and pedal boats.

Visit the contact station at your state park to find out more about how you can get started on a Vermont fishing adventure!



Tips on handling and releasing fish

While harvesting and eating freshly caught fish is an enjoyable part of the angling experience, catch and release angling can also be a rewarding pastime. In certain instances, regulations may actually require you to release your catch (see Vermont Fish & Wildlife Regulations Guide). Using the proper techniques when releasing fish will help ensure the fish will survive to be caught again. Here are some tips:

- Don't play the fish to complete exhaustion.
- Minimize the fish's time out of the water. If at all possible, keep the fish in the water while you remove the hook.
- Consider pinching down the barbs on your hooks to make hook removal much easier.
- If the fish is hooked deep in the throat, gills, or stomach, simply cut the line close to the fish's mouth. The fish may have a good chance of surviving, and the hook will eventually rust out.

Show off your catch and win a prize!

Be eligible to win free passes to the state parks and fishing gear! Send your fishing in state parks photos to fwinformation@state.vt.us or parks@state.vt.us, or tag #ReelFunVT on Twitter by Labor Day.



Lake Carmi State Park



www.vtfishandwildlife.com

www.vtstateparks.com

802-828-1000





Fishing at Lake Carmi State Park

Lake Area: 2.15 square miles

Lake Max. Depth: 33 feet

Fish Species: Walleye, smallmouth bass, yellow perch, northern pike, brown bullhead and various panfish species (a small population of largemouth bass also exists).

Habitat: Lake Carmi primarily features a hard, rocky-bottom that provides prime habitat for various fish species and their forage. While the lake's bottom is fairly gradual and shallow with minimal offshore fish-holding structure, the lake does have shoreline fish cover such as extending points, rock piles, boat docks, and overhanging trees. Submerged vegetation can also be found in the shallow southwest corner of the lake adjacent to the state park.

Park Fishing Tips: Shallow water-oriented species such as panfish, bass, pike and bullhead may be caught from the shoreline at Lake Carmi State Park. Yellow perch can be found in the shallows as well in early summer and in the fall, but many will migrate toward deeper water habitat during the middle of the summer. Try fishing bladed spinners, crankbaits or stickbaits to imitate young baitfish that many of the bigger species present in Lake Carmi like to eat. Tiny jig and soft plastics can also work for catching panfish. If you're interested in walleye, you'll likely need some type of boat to get away from the bank a little bit in order to connect with this sought-after gamefish. For walleye, consider fishing with a nightcrawler harness rig along the bottom.

Nearby Fishing License Dealers: You can purchase a fishing license at the park office, at the West Enosburg Country Store in Enosburg Falls or online at vtfishandwildlife.com.

Nearby Public Boating Access Areas: Lake Carmi State Park has a boat launch on the premises. You can also put in canoes and kayaks right from shore.

What kind of facilities do the parks have?

Vermont State Parks provide the perfect setting for many fun outdoor activities – hiking, wildlife watching, and of course tossing a line out and reeling in your next big catch. Parks also include well-maintained facilities that provide the optimal balance of convenience and comfort with a rustic, outdoors experience.

Additionally, most parks offer car-top launches for canoes and kayaks, and motorboat launching access areas are available across the state.

Whether you want to bring your boat and head out on local waters or fish from shore at a nearby fishing hole, Vermont State Parks have the facilities to make for a truly enjoyable stay.

What a deal!

The second Saturday in June is Free Fishing Day where anyone can fish anywhere in Vermont for free.

The rest of the summer, **you'll need a fishing license**, even at a State Park. Vermont offers inexpensive, short-term licenses for just a few bucks and kids under 15 can fish for free!

Or you can get a year-round fishing license that costs only as much as a tank of gas or a couple of movie tickets. But unlike gas or movie tickets, your fishing license lets you fish for a whole year, anywhere in the state, with just a single purchase. Buy and download it to your phone and you'll be all set.

See www.vtfishandwildlife.com to find out more.

Fishing licenses are available right at the contact office at many state parks and at authorized license agents. You can find a list of these online at www.vtfishandwildlife.com.

For more information

- For a full list of state parks, or trailered boat launches in Vermont State Parks, visit www.vtstateparks.com.
- For a complete fish stocking schedule, information on fishing regulations, or to buy a license online, visit www.vtfishandwildlife.com.

Or simply scan this QR code to buy a fishing license now.

