



# Vermont State Parks



## 2020 VENTURE VERMONT OUTDOOR CHALLENGE

### Join the Challenge

Check the box next to an activity you have completed. Write answers in blanks as requested.

Make sure you (or someone else) take a photo of you completing each task.

When you reach **250 points**, you win a VIP medal that gives you free day entry into Vermont State Parks for the rest of the 2020 season and the entire 2021 season!

*\*All activities and photos must be taken between March 18, 2020 & October 15, 2020\**

#### Three Main Rules

1. *One submission per person.* This means a completed scorecard and photos of the person completing all tasks.
2. *No double dipping.* Each activity requires a unique photo.
3. **HAVE A BLAST!**

Entries must be received by October 15, 2020

#### HOW TO SUBMIT YOUR ENTRIES

1. Mail your completed scorecard, clearly named photos describing which activities are shown (high resolution, digital preferred on CD/DVD), and other supporting materials to:  
**Venture Vermont Outdoor Challenge**  
**Vermont State Parks**  
**1 National Life Drive, Davis 2**  
**Montpelier, VT 05620-3801**  
-OR-
2. Upload your scorecard & photos to an online album and send us the link via email at [parks@vermont.gov](mailto:parks@vermont.gov)  
-OR-
3. If you're having a problem uploading your photos online, email us and we can help!

### Get Moving



Please complete at least three of these tasks

- \_\_\_ Go for a walk around your home or community while staying at least six feet away from anyone else. What neat things did you see? (5pts)
- \_\_\_ Design and make an obstacle course to complete - include both jumping and rolling obstacles! (10 pts)
- \_\_\_ Find a tree with leaves you can reach. Give the tree a high five! (5 pts)
- \_\_\_ Roll down a grassy hill (5 pts)
- \_\_\_ Do a handstand underwater in a lake or pond (5 pts)
- \_\_\_ Use a swing in a tree and take a picture (5 pts)
- \_\_\_ Go fishing (10 pts)  
What did you catch? \_\_\_\_\_
- \_\_\_ Jump off a dock into a lake (5 pts)
- \_\_\_ Go on a walk with your dog (5 pts)
- \_\_\_ Catch a butterfly or dragonfly with a net (5 pts)
- \_\_\_ Take a human powered boat on a lake or pond (5 pts)
- \_\_\_ Go to *Trailfinder.info* and find a hike you've never done before. Go hike it! (10 pts)  
Trail: \_\_\_\_\_  
BONUS: Is it in a state park? (5 pts)  
Which one? \_\_\_\_\_
- \_\_\_ Hike to a Fire Tower (10 pts)  
Which one? \_\_\_\_\_
- \_\_\_ Go for a bike ride in your neighborhood (10 pts)
- \_\_\_ Play a game outside (5 pts)  
Game: \_\_\_\_\_

**Total Points:** \_\_\_\_\_

## Investigate



### Please complete at least two of these tasks

- \_\_\_ Start a nature journal. Keep track of all the seasonal changes you observe (10 pts)
- \_\_\_ Hang a white sheet in your backyard and shine a light on it at night. How many moths land on it? (10pts)
- \_\_\_ Write Haiku or other nature poetry based on things you observe in nature around you (5 pts)
- \_\_\_ Sit in a quiet area and observe nature. Write down or draw a picture of what you see (10 pts)
- \_\_\_ Photograph and identify five species of wild growing native Vermont plants (not plants that grow in your garden) (5 pts)
- \_\_\_ Build an animal habitat for your favorite animal in your home or backyard (creative interpretations) (10 pts)  
What animal: \_\_\_\_\_
- \_\_\_ Identify a constellation that is new to you. Draw a picture of it and send it to us (10 pts)
- \_\_\_ Photograph two kinds of mammals in the wild. Identify the full species name and describe its behavior (10 pts)
- \_\_\_ Get up at dawn and go on a bird walk. Attach a list of the birds you saw and heard (10 points)

**Total Points:** \_\_\_\_\_



## Make a Difference



### Please complete at least two of these tasks

- \_\_\_ As part of the 50<sup>th</sup> Earth Day celebration, clean up trash from one of your favorite areas and send us a before and after photo (15 pts)
- \_\_\_ Donate to your local animal shelter (10 pts)
- \_\_\_ Plant native flowers to help the bees (10 pts)
- \_\_\_ Build a bird house (15pts)
- \_\_\_ Make signs near turtle crossings telling people to slow down. (5 pts)
- \_\_\_ Collect rainwater and use it to water your garden (10 pts)
- \_\_\_ Hang your laundry outdoors to dry instead of using a drying machine (10 pts)
- \_\_\_ Cut your own energy use (10 pts)  
*Ideas: shut off the water when brushing your teeth, turn off your computer when not in use, switch your light bulbs to more energy efficient ones*
- \_\_\_ Make a waste-free lunch. (5 pts)
- \_\_\_ Grow some vegetables in your garden and donate some to your local food shelf. (15 pts)
- \_\_\_ Call or write a friend/family member to tell share your favorite outdoor memory with them. (5pts)

**Total Points:** \_\_\_\_\_



## Outdoor Skills



### Please complete at least three of these tasks

- \_\_\_ Learn to set up a tarp or hammock (10 pts)
- \_\_\_ Create an A-frame backpack using natural materials, a tarp, and paracord (10 pts)
- \_\_\_ Learn how to read a map - What do all the lines mean? (10 pts)  
\_\_\_ BONUS: Use the map to navigate somewhere (5 pts)
- \_\_\_ Learn to tie 3 new knots such as bowline, fisherman's knot, etc. (5 pts)
- \_\_\_ Build a fire only using one match (10 pts)
- \_\_\_ Build a natural fishing lure (5 pts)
- \_\_\_ Make your own homemade fire starters (10 pts)
- \_\_\_ Make a map of your favorite natural area (5 pts)  
\_\_\_ BONUS: Draw a map of your favorite hiking trail and send it to us (5 pts)
- \_\_\_ Go on an overnight backpacking trip with everything you need in your backpack (10pts)  
Where? \_\_\_\_\_
- \_\_\_ Create and photograph a mini-survival kit. Make a list of what you included in the kit? (10 pts)
- \_\_\_ Learn a new technique to purify water (10pts)  
Which one? \_\_\_\_\_

**Total Points:** \_\_\_\_\_

## Create



### Please complete at least two of these tasks

- \_\_\_ Write a song about state parks or nature (10 pts)  
\_\_\_ BONUS: Make a music video (5 pts)
- \_\_\_ Build a boat out of natural or recycled materials  
\_\_\_ Does it float? (5 pts for build, 5 pts if it floats)
- \_\_\_ Try making wind chimes using natural materials (5 pts)  
What sounds do they make?
- \_\_\_ Create a terrarium (5 pts)
- \_\_\_ Make a collage using only natural materials (5pts)  
(Follow Leave No Trace principles)
- \_\_\_ Make a rope out of natural plant fiber (10 pts)
- \_\_\_ Weave a basket using natural materials (10 pts)
- \_\_\_ Create art out of rocks (5 pts)
- \_\_\_ Create a meal cooked on a campfire (5 pts)
- \_\_\_ Create a fairy house (5 pts)
- \_\_\_ Use recycled materials to create a game (5 pts)
- \_\_\_ Create your own kite and fly it (5 pts)

**Total Points:** \_\_\_\_\_



## Just for Fun



### Please complete at least three of these tasks

- \_\_\_ Make up a dance and share it with us. (10 pts)
- \_\_\_ Make a tin can telephone. (5pts)
- \_\_\_ Learn a tongue twister and say it as fast as you can. Bonus make up your own and send it to us. (5 pts)
- \_\_\_ Make a tree swing (10 pts)
- \_\_\_ Build a solar cooker or oven (10 pts)
- \_\_\_ Make a scrapbook of your Venture Vermont accomplishments (10 pts)
- \_\_\_ Grow a wildflower garden for butterflies (10pts)
- \_\_\_ Make your own croquet course and use items around the house for mallets and balls. (5 pts)
- \_\_\_ Create a scavenger hunt for you and your friends and find everything (5 pts)
- \_\_\_ Tell your best campfire story! (10 pts) Send them to us either written or a recorded performance.

**Total Points:** \_\_\_\_\_

## Explore Our Parks



### Please complete at least three of these activities.

**\*True adventurers complete these activities during different park visits.**

- \_\_\_ Sleep under the stars without a tent (10 pts)  
Park \_\_\_\_\_
- \_\_\_ Go to a VT state park you've never been to (10 pts)  
Park \_\_\_\_\_
- \_\_\_ Camp in a tent or lean-to at a VT state park (15 pts)  
Park \_\_\_\_\_
- \_\_\_ Have a picnic in a VT state park (10 pts)  
Park \_\_\_\_\_
- \_\_\_ Go fishing in a VT state park (15 pts)
- \_\_\_ Build a sand sculpture at a VT state park (10 pts)  
Park \_\_\_\_\_
- \_\_\_ Write a thank you note to a park ranger (10 pts)  
Park \_\_\_\_\_
- \_\_\_ Find a historical fact or story about a Vermont State Park and send it to us (10 pts)
- \_\_\_ Find the biggest tree in a Vermont State Park and take a picture with it (10 pts)

**Total Points:** \_\_\_\_\_

## Bonus Activities



Visit the Vermont State Parks Facebook page for special weekly bonus activities.

Bonus Activity	# of Points
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

- \_\_\_ Submit your high-resolution photos (at least 3000 X 2400-pixel count) on CD/DVD (15 pts)
- \_\_\_ Upload and tag yourself in a photo on the Vermont State Parks' Facebook page (10 pts)

### Where should we send your prize?

**Name:** \_\_\_\_\_

**Mailing address:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Phone number:** \_\_\_\_\_

Send your completed scorecard, photos, and other supporting documents to:

**2020 Venture Vermont Outdoor Challenge  
Vermont State Parks  
1 National Life Drive, Davis 2  
Montpelier, VT 05620-3801**

Or upload your pictures to an online album & email us the link: **parks@vermont.gov**

For Venture Vermont updates, visit: [www.vtstateparks.com](http://www.vtstateparks.com)



# Vermont State Parks

## 2020 VENTURE VERMONT OUTDOOR CHALLENGE



### Can we use your photos?

Thanks for participating in Venture Vermont! We would like to share your experience to inspire others. Please fill out this release form and return with your score card. If you do not wish to share your photos with others you do not have to complete the form.

- (a) To use, re-use, publish and re-publish the same in whole or part, individually or in conjunction with other photographs, artwork, and poetry, or any medium and for any purpose whatsoever, including (but not by way of limitation) illustration, promotion, and advertising and trade, and
- (b) To use my name in conjunction therewith if the State of Vermont so chooses.

I hereby release and discharge the State of Vermont from any and all claims and demands arising out of or in connection with the use of the photographs, artwork, poetry and any other submission, including any and all claims for libel.

I am over the age of twenty-one. I have read the foregoing and fully understand the contents thereof. (If you are under 21, see below for signature of parent or guardian).

Dated: \_\_\_\_\_ Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Witness Name: \_\_\_\_\_ Witness Signature: \_\_\_\_\_

If under 21 years of age, please have parents read and sign below.

I am the parent or guardian of the minor named above and have the legal authority to execute the above release. I approve the terms of this release.

Dated: \_\_\_\_\_ Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Witness Name: \_\_\_\_\_ Witness Signature: \_\_\_\_\_