



Vermont State Parks 2019 Venture Vermont Outdoor Challenge

This is your Venture Vermont scorecard! Keep track of the activities that you complete by checking the box next to the activity. Make sure you take a photo (or have someone else take a photo) of you completing each task. When you reach **250 points**, you win free day entry into Vermont State Parks for the rest of the 2019 season and the entire 2020 season and a VIP gold medal!

All activities and photos must be taken between April 15, 2019 & October 15, 2019

Three Main Rules:

- 1. Take photos of all activities**
- 2. One scorecard per person**
- 3. HAVE A BLAST!**

Entries must be received by October 15, 2019

How to submit your entries:

1. Mail your completed scorecard, photos (high resolution, digital preferred on CD or DVD), and other supporting materials to:
**Venture Vermont Outdoor Challenge
Vermont State Parks
1 National Life Drive, Davis 2
Montpelier, VT 05620-3801**
-OR-
2. Upload your photos to Dropbox, Google Drive or another online album and send us the link via email at parcs@vermont.gov
-OR-
3. If you're having a problem uploading your photos online, email us and we can help!

Explore Our Parks

Please complete at least three of these activities.

**True adventurers complete these activities during different park visits.*

- Attend a Let's Go Fishing Program. (15 pts)
Park _____
- Sleep under the stars without a tent. (10 pts)
Park _____
- Attend a state park interpretive program. (10 pts)
Park _____
- Camp in a tent at a VT state park. (10 pts)
Park _____
- Sleep in a lean-to in a VT state park. (10 pts)
Park _____
- Go to a VT state park you've never been to. (10 pts)
Park _____
- Become a Junior Ranger. (15 pts)
- Build a sand sculpture at a VT state park. (10 pts)
Park _____
- Play a fun outdoor game at a VT state park. (10 pts)
Basketball, Volleyball, Horseshoes, Frisbee Golf.
Game _____
Park _____
- Hike in a VT state park. (10 pts)
Park _____
Hike _____

Total Points: _____

Investigate



Please complete at least two of these tasks

- ___ ID 3 different invasive species. Take a picture of each. (10 pts)
- ___ Hold a sheet under a tree and shake the tree, what types of bugs fall? (10 pts)
- ___ ID 2 different types of caterpillars - Bonus what butterflies do they become? (5 pts)
- ___ Sit in a quiet area and observe nature. Write down or draw a picture of what you see. (10 pts)
- ___ Go out after a rainstorm and see what animals appear? Attach a list of the animals you see. (10 pts)
- ___ ID 3 animal tracks. (5 pts)
___ Bonus make a plaster cast of one. (10 pts)
- ___ Identify each of these three types of rocks: *igneous, sedimentary, and metamorphic*. (10 pts)
- ___ Make a recording of a toad or frog's call at night and send it to us. What species? _____. (10 pts)
- ___ Identify a painted turtle and a snapping turtle. (5 pts)
- ___ Learn a bird call. Send us a recording. (5 pts)
- ___ Photograph and identify three different kinds of pine cones. (5 pts)
- ___ Go on an owl prowl. What Owls did you see? If no owls, what did you observe? (10pts)

Total Points: _____



Make a Difference



Please complete at least two of these tasks

- ___ Clean up trash from one of your favorite areas and send us a before and after photo. (15 pts)
- ___ Donate to your local animal shelter. (10 pts)
- ___ Plant native flowers to help the bees. (10 pts)
- ___ Build a "bee hotel". (15 pts)
- ___ Pack a picnic for someone else to enjoy. (5 pts)
- ___ Make signs near turtle crossings telling people to slow down. (5 pts)
- ___ Walk to the store instead of driving - Bonus use reusable bags. (10 pts)
- ___ Attend and support a local event. (5 pts)
- ___ Collect rainwater and use it to water your garden. (10 pts)
- ___ Hang your laundry outdoors to dry instead of using a drying machine. (10 pts)
- ___ Cut your own energy use. *ideas: shut off the water when brushing your teeth, turn off your computer when not in use, switch your light bulbs to more energy efficient ones. (10 pts)
- ___ Make a waste-free lunch (5 pts)
- ___ Grow some vegetables in your garden and donate some to your local food shelf (15 pts)

Total Points: _____



Outdoor Skills



Please complete at least three of these tasks

- Build a natural shelter (10 pts)
Bonus spend the night in it. (5 pts)
- Create an A-frame backpack using natural materials, a tarp, and paracord. (10 pts)
- Learn how to read a map - What do all the lines mean? (10 pts) Bonus- Use a map to navigate somewhere. (5 pts)
- Learn how to tell time without a clock 5 pts)
(Hint build a sundial).
- Try a new technique when building a campfire.
Which technique did you use? (5 pts)
- Build a natural fishing lure. (5 pts)
- Make a map of your favorite natural area. (5 pts)
Bonus: Draw a map of your favorite hiking trail and send it to us. (5 pts)
- Go on an overnight backpacking trip with everything you need in your backpack.
Where? _____ (10 pts)
- Create an outdoor first aid kit (5 pts)
- Learn a new technique to purify water. Which one? _____ (10 pts)

Total Points: _____

Create



Please complete at least two of these tasks

- Make a crown out of natural materials. (5 pts)
- Create a bird or squirrel feeder. (10 pts)
- Create a terrarium. (5 pts)
- Carve a spoon. (15 pts)
- Build a bat house. (10 pts)
- Make a collage using only natural materials (Leave No Trace Principals). (5 pts)
- Make binoculars and write down what you see. (5 pts)
- Weave a basket using natural materials. (10 pts)
- Create art out of rocks. (5 pts)
- Write a poem or song about your favorite outdoor space and send it to us. (10 pts)
- Create a meal cooked on a campfire (5 pts)
- Create a fairy house (5 pts)
- Use recycled materials to create a game (5 pts)
- Use painted pinecones to make a pinecone bouquet (5 pts)
- Create your own kite and fly it (5 pts)

Total Points: _____



Just For Fun



Please complete at least three of these tasks

- ___ Make up a dance and teach it to someone. (5 pts)
- ___ Create a secret handshake. (5 pts)
- ___ Make a tin can telephone. (5pts)
- ___ Learn a tongue twister and say it as fast as you can. Bonus make up your own and send it to us. (5 pts)
- ___ Make a tree swing. (10 pts)
- ___ Visit the only National park in Vermont. (5pts)
- ___ Make a scrapbook of your Venture Vermont accomplishments. (10 pts)
- ___ Grow a wildflower garden for butterflies. (10pts)
- ___ Make your own instrument and play it outside. (5 pts)
- ___ Create a scavenger hunt for you and your friends and find everything. (5 pts)

Total Points: _____

Get Moving



Please complete at least three of these activities.

- ___ Do a handstand underwater in a lake or pond. (5 pts)
- ___ Find a cave and take a picture with it (Tip: Smugglers Notch and Branbury both have caves) (10 pts)
- ___ Use a swing in a tree and take a picture. (5 pts)
- ___ Go fishing - what did you catch. (10 pts)
- ___ Jump off a rock into a river. (5 pts)
- ___ Go on a walk with your dog. (5 pts)
- ___ Catch a butterfly or dragonfly with a net. (5 pts)
- ___ Take a human powered boat on a lake or pond. (5 pts)
- ___ Go on a hike you've never done before. (10 pts)
Trail _____ Bonus if it's in a state park. (5 pts)
- ___ Hike to a Fire Tower. (10 pts)
Which one? _____
- ___ Ride your bike or go for a run on a rail trail. Which one? (10 pts) _____

Total Points: _____

Bonus Activities



Visit the Vermont State Parks Facebook page for special weekly bonus activities.

Bonus Activity	# of Points
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

- ___ Submit your high-resolution photos (300 x 300 px) on CD or DVD (15 pts)
- ___ Upload and tag yourself in a photo on the Vermont State Parks' Facebook page (10 pts)

Where should we send your prize?

Name: _____

Mailing address: _____

Email address: _____

Phone number: _____

Send your completed scorecard, photos, and other supporting documents to:

2019 Venture Vermont Outdoor Challenge
Vermont State Parks
1 National Life Drive, Davis 2
Montpelier, VT 05620-3801

Or upload your pictures to an online album & email us the link: parks@vermont.gov

For Venture Vermont updates, visit: www.vtstateparks.com



Can we use your photos?

Thanks for participating in Venture Vermont! We would like to share your experience to inspire others. Please fill out this release form and return with your score card. If you do not wish to share your photos with others you do not have to complete the form.

- (a) To use, re-use, publish and re-publish the same in whole or part, individually or in conjunction with other photographs, artwork, and poetry, or any medium and for any purpose whatsoever, including (but not by way of limitation) illustration, promotion, and advertising and trade, and
- (b) To use my name in conjunction therewith if the State of Vermont so chooses.

I hereby release and discharge the State of Vermont from any and all claims and demands arising out of or in connection with the use of the photographs, artwork, poetry and any other submission, including any and all claims for libel.

I am over the age of twenty-one. I have read the foregoing and fully understand the contents thereof. (If you are under 21, see below for signature of parent or guardian).

Dated: _____ Signature: _____

Name: _____

Address: _____

Witness Name: _____ Witness Signature: _____

If under 21 years of age, please have parents read and sign below.

I am the parent or guardian of the minor named above and have the legal authority to execute the above release. I approve the terms of this release.

Dated: _____ Signature: _____

Name: _____

Address: _____

Witness Name: _____ Witness Signature: _____